



# Children and Young People

## Workshop 1 – 30.4.15

### Write up

*LikeMinded*  
WORKING TOGETHER FOR MENTAL  
HEALTH AND WELLBEING IN NW LONDON

We captured details of current experience and challenges, as well as mapping current services which will feed into to the overall 'Case for Change'.

Much of the session focused on the 49 recommendations set out in Future in Mind chapters with the teams noting those which felt like the earliest priorities to address (it should be noted that those in the room weren't completely representative of our stakeholders and as such this first stage of understanding needs will be tested with a wider group).



### High priorities

- Universal services (including health Visitors, Children's centres, school health services and youth centres)
- Move away from tier model
- Dedicated named specialist contact point for GPs/schools
- Specific individual responsible for MH in schools
- Strengthening the lead professional approach
- Follow-up service post discharge for most vulnerable
- Multi-agency teams with flexible acceptance criteria
- Targeting training and CPD
- Roll out CYP IAPT
- Comprehensive workforce strategy
- Single integrated plan for child MHS
- Measures which allow benchmarking

### Next steps

- A follow-on session
- Putting more detail on what these recommendations mean in North West London – and where there are particular challenges across boroughs
- One-to-one and small groups with other interested parties



### Other priorities

- Prevention and support from birth
- Harnessing digital technology
- Community based care – intensive home treatment
- Access and waiting time standards across pathway
- Transparent investment